ABSTRACT OF THE DISCLOSURE

An adaptive interactive preceptored teaching system for the remote education of a student provides lessons, obtains the student's profile, uses the profile to select one of the lessons to be sent to the student, and sends that lesson to the student. A method for remote care of a diabetic patient involves providing lessons, obtaining the patient's profile, using the profile to select a lesson to be sent to the patient, sending that lesson to the patient, offering the patient information reflecting the patient's health, and offering the patient's healthcare provider information regarding at least one of the patient's study of the lesson, the patient's health, and the patient's medical appointments. Communication can take place via the Internet, and can be effected in a secure manner.